Chistoforos Merousis



Our favourite sportsman 1st Vrontados Primary School Erasmus plus 2014-2016



A great runner

- Chistoforos Merousis was born in Chios in March,1982.
- He started athletics at the age of 15 and since then he has won several competitions in different categories.



His great achievements

•1st place in Athens Greek Marathon race 2013 & 2014, •1st place in Hellenic Championship 10000m 2012, 2nd Greek runner in Athens Greek Marathon 2012, •6th place in Mediterranean Men Championship 2009, • 3rd place in European junior championship 3000m 2001, •8th place in children world championship 2000m 1998



A few things about him

•He started running in 1997.Before that he was playing basketball when his trainer recognized his talent and persuaded him to start running. After only 3 months of hard training, he managed to get his first Prize in 2000m Junior Championship.



A few things about him

- He continued taking part in international championships in 10000m race and 3000 steeplechase.
- Later, he started running in marathon races.



A great personality

- Chistoforos has a great talent but also has a great personality.
- He never gives up no matter how big the difficulties he faces may be.
- He always finds the courage to go on and he devotes his medals to his little son.



Our favourite athlete

 Our students love him and they are proud that he is an athlete from our nearby sports club.They are happy when they practise in the same stadium and he sets the example for them.



His recent achievement

 He broke his personal record by finishing the international Marathon race in Hamburg, in 2:18:52 and he was placed 21st.

